

Shelter in Place

California Remains in Phase 3
Info on Phase 3: <https://covid19.ca.gov/>

California Department of Public Health Info

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx>

Tips for Staying Healthy

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

California List of Resources

Unemployment Insurance

You may be eligible for unemployment benefits.

- Online: https://edd.ca.gov/Unemployment/Filing_a_Claim.htm
- Phone: 1-800-300-5616
- State has waived the 7-day waiting period.
- **Tips:**
 - Have paystubs in hand when filing your claim.
 - Use name exactly as it appears on social security card.
 - File online. Due to the high volume of calls, the wait times can be lengthy.

Testing Sites

- Project Baseline
 - No Cost
 - <https://www.projectbaseline.com/study/covid-19/>
- City of Oakland
 - <https://www.oaklandca.gov/services/covid-19-testing>
- City of San Francisco
 - <https://sf.gov/citytestsf>

Alternative Health Insurance Options

- If you're currently uninsured during your layoff status, you may be eligible for health insurance options through the Covered California.
- Visit: **CoveredCa.com**

Utilities

The city of SF has suspended the shut off and late fees of:

- Water Services
- PG&E Services

Rent

Effective March 13, 2020, SF has placed a moratorium on evictions.

- Visit: <https://sf.gov/news/about-citys-temporary-moratorium-evictions>

Food Access

- SF-Marin Food Bank: <https://www.sfmfoodbank.org/response-to-covid19/>
- Alameda County Community Food Bank: <https://www.accfb.org/get-food/>
- California Association of Food Banks: <http://www.cafoodbanks.org/>
- **CalFresh** is the new name for California's Food Stamp Program. CalFresh is a Supplemental Nutrition Assistance Program (SNAP) that provides assistance for households to purchase

nutritious food. The program uses an easy credit card format called Electronic Benefit Transfer (EBT) to purchase food at retail stores and farmers markets.

- To apply: <https://www.mybenefitscalwin.org/>